

Dr. Jim's

SHOTS FOR HEALTH

NAD + (nicotinamide adenine dinucleotide)

Sirtuins (SIRT) are a family of NAD+ dependent enzymes that play crucial roles in regulating various physiological processes, including metabolism, stress responses, DNA repair, and aging. Each of the seven mammalian sirtuins (SIRT1-7) exhibits a unique localization and function within the cell.

(for the complete handout email drjimsoffice@gmail.com, Subject—SIRTs)

- ◆ Enhances fat metabolism
- ◆ Energy production (ATP Synthesis)
- ◆ Impacts circadian rhythms
- ◆ Protects against neurodegenerative ds
- ◆ DNA Repair & Gene Stability
- ◆ Calcium Signaling & Immune Function
- ◆ Gene Expression
- ◆ Regulates Inflammation
- ◆ Protects against cardiovascular ds
- ◆ Antiaging & Longevity
- ◆ Antioxidant defense
- ◆ Downregulates Insulin
- ◆ Neuroprotection
- ◆ Potential therapeutic targets
- ◆ Metabolic regulation
- ◆ Intracellular Tracking

SOME CLINICAL INDICATIONS

- ◆ Chronic fatigue & low energy
- ◆ Cognitive decline and brain fog
- ◆ Metabolic syndrome
- ◆ Weight management challenges
- ◆ Post-illness or surgery recovery
- ◆ Skin aging and decreased elasticity
- ◆ High physical or mental stress levels

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SOME CONTRAINDICATIONS

Pregnancy & Breast Feeding, Liver Disease, Uncontrolled Hypertension, Hypersensitivity to NAD+, Cancer

NAD+ SHOT	100 MGS.	\$59	PER SHOT
NAD+ CARD	BUY 6	\$354	\$59
NAD+ CARD	BUY 10 COMPLETE PROGRAM	\$590	\$59

3% CONVENIENCE CHARGE ON CREDIT CARD CHARGES